

## Throw Out These Fits

*Ephesians 4:26-27*

Main Point: Jesus has changed your \_\_\_\_\_,  
now change your \_\_\_\_\_

*Take off the outfit of:*

I. \_\_\_\_\_  
*v. 25*

II. Losing your \_\_\_\_\_  
*vv. 26-27*

a. Because Anger leads to \_\_\_\_\_ *v. 26*

b. Because Anger typically \_\_\_\_\_ *v. 26*

c. Because Anger triggers \_\_\_\_\_ *v. 27*

### Responding to God's Word:

1. How does God want my beliefs and/or actions to change?
2. How can I specifically apply the truths I have learned to accomplish this change?
3. What is the first step I must take toward bringing about this change? Be specific.

## Opportunities for the Week

### Sunday, May 24, 2026

9:30 AM	Sunday School
10:30 AM	Morning Worship*
6:00 PM	NO EVENING ACTIVITIES

### Sunday, May 31, 2026

9:30 AM	Sunday School
10:30 AM	Morning Worship*
6:00 PM	Adult Bible Study

116LITTLEZ/116KIDZ/116TEENZ

## Honor God in Your Giving

You may give by placing your offering in the offering plate or online at [farmdalebaptist.com/giving](http://farmdalebaptist.com/giving). You may also give by downloading the Generosity app on your phone or by texting "@farmdalebc" to 52014.

### Financial Report

Offering for May 17, 2026	<b>\$4,504.83</b>
Weekly amount needed to meet budget	\$3,106.75
Fiscal Year 2025-26 Annual Budget	\$161,551.08
Required as of May 17, 2026	<b>\$102,522.75</b>
Received as of May 17, 2026	<b>\$104,524.87</b>

### How to Become a Member of Farmdale Baptist Church

Any person may offer themselves in person as a candidate for membership in this church at any worship service in any of the following ways:

- 1) **Baptism** Upon a public profession of their faith in Jesus Christ as their Savior and a commitment of their life to him as Lord, a person may be received as a candidate for baptism.
- 2) **Letter** A person may be received upon presentation of or promise of a letter of dismissal from another church; provided they have received Jesus Christ as their Savior and Lord and have followed with baptism by immersion.
- 3) **Statement** A person may be received upon their statement of a prior conversion experience and baptism when no letter is obtainable.

# Farmdale Baptist Church

Expositing the Scripture ~ Exalting the Savior

Equipping the Saints ~ Evangelizing Sinners



## May 24, 2026

<b>Senior Pastor:</b>	<b>Rob Ginter</b>
<b>Associate Pastor:</b>	<b>Jonathan Bennett</b>
<b>Music Leader:</b>	<b>Ben Simmons</b>
<b>Pianist:</b>	<b>Tommy Goins</b>

**5610 US Highway 127 South**  
**Frankfort, KY 40601**  
**Church Phone (502) 875-7035**  
**[www.farmdalebaptist.com](http://www.farmdalebaptist.com)**

## Morning Worship

Prelude **Tommy Goins**  
 Call to Worship *Ephesians 4:26-27* **Pastor Rob**  
 "He Lifted Me" **Hymn**  
 Scripture Reading **Emmanuel Amoah**  
*Proverbs 18:21*  
 Worship and Praise  
 "Jesus Thank You" **Hymn**  
 "Jesus Paid it All" **Hymn**  
 Offertory Prayer  
 Worship through Giving  
 Sermon "Throw Out These Fits" **Pastor Rob**  
*Ephesians 4:26-27*  
 Hymn of Dedication & Response  
 "How Great Thou Art" **Hymn**  
 Benediction

**An audio version of each Sunday's sermon is available online at:**  
**www.farmdalebaptist.com**  
 See Scotty Bryan or the sound technician for more information.

### Small Group Meetings this Week!

Connect-Discuss-Learn

Invite someone to your small group.



Stop in and check out a good book to read. Books are available on many topics, including inspirational fiction.

\* Happy Birthday! \*  
 5/24 Jason Dudley  
 5/27 Naomi Satterwhite



*Are you new here?*

Scan the QR code and fill out the form to give us a chance to know you, and care for you!



**ALL GROUPS ARE CANCELED**

### BABY BOTTLE BLESSINGS



Pick up a baby bottle in the foyer and fill it in the coming month to help Avenues for Women share Jesus to an open heart, provide the truth to abortion-minded women in pregnancy crisis, and provide mentoring and resources to help her through the crisis.

**Bottles are due back by Father's Day, June 21<sup>st</sup>.**

### Baptist Catechism

#### Question 10:

*What are the decrees of God?*

#### Answer:

The decrees of God are His eternal purpose, according to the counsel of His will, whereby, for His own glory, He has foreordained whatsoever comes to pass.  
 ([Eph. 1:4, 11](#); [Rom. 9:22-23](#); \* [Isa. 46:10](#); \* [Lam. 3:37](#))

## Vacation Bible School - June 21-25

Just 4 Weeks Away!

Volunteers needed.

It takes many volunteers to have a successful VBS. Please see Jane Ann Bryan if you can serve any night. Children's ministry safety protocols must be completed before you serve.

### HAPPY ANNIVERSARY FARMDALE!

*Constituted on May 24, 1981*

*Today marks the 45th anniversary of when Farmdale Baptist Church was constituted. We are grateful to God for His faithfulness for these 4 and 1/2 decades of ministry*

### Read the Bible in 2026!

**It is not too late to start.**

A printout of this plan is available in the foyer. Feel free to send Pastor Rob questions and comments about the reading each week. He will address these in Sunday evening Bible study.

**This week's assignment:**

**1 Samuel 6-10; Psalms 96-101**

### Acts 1:8 Weekly Prayer Focus

*Praying for God's Kingdom to reach our Jerusalem, Judea, Samaria, and the ends of the earth.*

Please pray this week for the following local church, North American Mission Board (NAMB) missionary and unreached people group (UPG). Watch the screens during the announcements and Morning Worship for specifics about each prayer focus.

Local Church	Faith Baptist Church Frankfort Pastor-Josh Rayborn
NAMB	Simon and Kristen Jackson Rock Island Arsenal Betterdorf, IA
UPG	Ternate People in Indonesia